

Fernand Lubuguin, Ph.D.
Curriculum Vitae
 University of Colorado School of Medicine

Personal History

Current Position:

Associate Professor of Clinical Practice
 Faculty & Staff Mental Health Psychologist, Department of Psychiatry
 Wellness Coach & Consultant, Department of Orthopedics
 University of Colorado School of Medicine
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Education

- 1982 *B.A. Psychology with Highest Honors*
 University of California at Berkeley
 Honor's thesis: Sex differences in the epidemiology of depression: Level of education and the Latina woman
- Education Abroad Program
 University of Sussex, England
 1980 – 1981
- 1987 *M.A. Clinical Psychology*
 University of Colorado at Boulder
 Master's thesis: Ethnic identification: An examination of behavior potential
- 1990 *Predoctoral Internship in Clinical Psychology*
 Palo Alto Veterans Administration Medical Center, Palo Alto, California
- 1993 *Ph.D. Clinical Psychology*
 University of Colorado at Boulder
 Dissertation: The acculturation of culturally displaced persons: The case of Pilipino-Americans

Academic Appointments

- 2000 – 2001 *Adjunct Clinical Assistant Professor*
 Graduate School of Professional Psychology, University of Denver, Denver, Colorado
- 2001 - 2013 *Clinical Assistant Professor*
 Graduate School of Professional Psychology, University of Denver, Denver, Colorado
- 2007 – 2008 & *Clinical Assistant Professor*

2010 - present Department of Family Medicine, University of Colorado School of Medicine, Aurora, CO

2013 - 2020 *Clinical Associate Professor*
Graduate School of Professional Psychology, University of Denver, Denver, Colorado

2021 – 2022 *Visiting Associate Professor*
Department of Psychiatry, University of Colorado School of Medicine, Aurora, Colorado

2022 - present *Associate Professor of Clinical Practice*
Department of Psychiatry, University of Colorado School of Medicine, Aurora, Colorado

Hospital Positions

1997 – 1998 & *Staff Psychologist*
2005 St. Joseph's Hospital, Denver, Colorado

2000 – 2005 *Staff Psychologist*
West Pines Behavioral Health, Exempla Lutheran Medical Center, Wheat Ridge, CO

Administrative & Management Positions

1990 – 1992 *Clinical Program Manager*
Eastfield Ming Quong Children's Center, Campbell, California

2001 – 2020 *Director of Diversity*
Graduate School of Professional Psychology, University of Denver, Denver, Colorado

2005 – 2020 *Director of the Professional Psychology Clinic*
Graduate School of Professional Psychology, University of Denver, Denver, Colorado

Clinical Supervisory Positions

1987 – 1988 *Adult Therapy Team Coordinator & Clinical Supervisor*
Victor Raimy Psychology Clinic, University of Colorado at Boulder

1997 – 2000 *Clinical Supervisor*
Highline Behavioral Health Center, Kaiser Permanente, Denver, Colorado

Clinical Positions

1985 - 1989 *Graduate Student Psychotherapist*
Victor Raimy Psychology Clinic, University of Colorado at Boulder

1986 – 1989 *Crisis Clinician*
Community Reach Center (formerly Adams Community Mental Health Center)
Commerce City, Colorado

1987 *Counselor*
Multicultural Center for Counseling and Community Development, University of
Colorado at Boulder

- 1987 – 1989 *Intern*
Asian Pacific Center for Human Development, Denver, Colorado
- 1987 – 1989 *Intern*
Multicultural Center for Counseling and Community Development, University of Colorado at Boulder
- 1989 *Psychological Evaluator*
Developmental Disabilities Center, Boulder, Colorado
- 1992 – 1994 *Psychotherapist*
Cedar House, Mental Health Center of Boulder County, Boulder, Colorado
- 1994 – 2005 *Staff Psychologist*
Highline Behavioral Health Center, Kaiser Permanente, Denver, Colorado
- 1995 – 1997 *On-Call Crisis Clinician*
The Family Extension, Inc., Longmont, Colorado
- 2005 – 2021 *Private Practice*
Denver, Colorado
- 2021 – present *Extended Faculty Practice*
University of Colorado School of Medicine, Aurora, Colorado

Teaching Positions (non-faculty)

- 1982 *Instructor*
Pacific Lutheran Theological Seminary, Berkeley, California
- 1983 – 1984 *Teaching Assistant/Trainer*
School of Education, University of California at Berkeley
- 1984 – 1986 *Graduate Teaching Assistant*
University of Colorado at Boulder
- 1994 – 2005 *Instructor*
Highline Behavioral Health Center, Kaiser Permanente, Denver, Colorado

Honors & Awards

- 1985 *First Place, Clinical Research Award*
Department of Psychology, University of Colorado at Boulder
- 1986 – 1989 *Protected Class Fellowship*
Department of Psychology, University of Colorado at Boulder
- 1986 – 1989 *Minority Fellowship Award*
American Psychological Association

- 1988 *Minority Paper Award*
Rocky Mountain Psychological Association
- 1988 *Equity and Excellence Award*
University of Colorado at Boulder
- 1993 *Student Scholarship*
Coalition of Multicultural Mental Health Services, Denver, Colorado
- 1996 *Minority Fellowship Program Symposium*
Dissertation selected for presentation in “New Directions in Ethnic Minority Research”
at the APA Annual Convention
- 2012 & 2021 *The Ancora Imparo Award*
“In recognition of outstanding and inspirational contributions to intern training.”
Clinical Psychology Internship Program, Department of Family Medicine, University of
Colorado School of Medicine, Aurora, Colorado

Memberships & Leaderships in Professional Organizations

- 1981 – 1982 Psi Chi National Honor Society, *Member*
- 1986 – present The Society for Descriptive Psychology, *Member*
- 1987 – 1989 Multi-Ethnic Mental Health Student Network, *Member*
Denver, Colorado
- 1987 – 1989 & Asian Human Services Association, *Member*
2000 – 2007 Denver, Colorado
- 1989 – 1992 Filipino Mental Health Task Force, *Member*
San Francisco, California
- 1993 – 2014 The Society for Descriptive Psychology, **Board Member**
- 1994 – 2014 The Society for Descriptive Psychology, **National Conference Coordinator**
- 1997 – 1998 The Society for Descriptive Psychology, **President**
- 2002 – 2007 Asian Human Services Association, **President**
- 2007 – 2011 American Psychological Association, *Member*
- 2009 – 2011 American Psychological Association, Division 45 Society for the Psychological Study of
Culture, Ethnicity and Race, *Member*
- 2010 -2020 The Association of Psychology Training Clinics, *Member*

- 2011 Asian American Psychological Association, *Member*
- 2012 Colorado Psychological Association, *Member*
- 2021 - present Asian American Psychological Association, Division of Filipinx Americans, *Member*

Major Committee & Service Responsibilities

- 1986 – 1988 Minority Affairs Admission Committee, *Member*
Clinical Psychology Program, Department of Psychology, Univ. of Colorado at Boulder
- 1986 – 1987 Minority Affairs Committee, ***Co-Chair***
Department of Psychology, University of Colorado at Boulder
- 1987 – 1989 Asian American Committee on Education, *Member*
University of Colorado at Boulder
- 1987 – 1989 Multi-Ethnic Action Committee, *Member*
Department of Psychology, University of Colorado at Boulder
- 1988 – 1989 Chancellor’s Advisory Committee on Minority Affairs, ***Graduate Student Representative***
University of Colorado at Boulder
- 1993 – 1996 Multi-Ethnic Mental Health Student Network, ***Mentor***
Denver, Colorado
- 1997 – 2003 Colorado State Board of Psychologist Examiners, ***Oral Examiner***
- 1998 – 2001 Multicultural Counseling Advisory Board, ***Board Member***
Counseling Psychology and Counselor Education Division, School of Education,
University of Colorado at Denver
- 2002 – 2005 Coalition of Faculty of Color in Clinical Programs, ***Founder & Coordinator***
University of Denver
- 2002 – 2003 Faculty of Color Association, ***Co-Founder & Co-Coordinator***
University of Denver
- 2003 – 2020 Faculty of Color Association, *Member*
University of Denver
- 2007 – 2011 Dean’s Executive Committee, *Member*
Graduate School of Professional Psychology, University of Denver
- 2007 – 2008 Architectural Committee, *Member*
Graduate School of Professional Psychology, University of Denver

- 2008 – 2009 Tech Council, *Member*
University of Denver
- 2008 – 2010 Queer Students of Color Support Committee, *Member*
Center for Multicultural Excellence, University of Denver
- 2008 – 2013 Competency Exam Committee, *Member*
Graduate School of Professional Psychology, University of Denver
- 2008 – 2018 Multicultural Committee, **Coordinator**
Graduate School of Professional Psychology, University of Denver
- 2009 Pedagogy of Privilege Conference, Program Review Committee, *Member*
Graduate School of Social Work, University of Denver
- 2009 – 2011 APA Accreditation Committee, *Member*
Graduate School of Professional Psychology, University of Denver
- 2009 – 2012 Faculty Advisory Committee, *Member*
Center for Teaching & Learning, University of Denver
- 2010 – 2020 Initial Review Committee, **Reviewer**
APA Minority Fellowship Program, American Psychological Association
- 2010 – 2020 Voices of Discovery Diversity Dialogues Committee, **Faculty Coordinator**
Graduate School of Professional Psychology, University of Denver
- 2011 – 2012 Graduate School of Professional Psychology Dean Search Committee, *Member*
University of Denver
- 2011 – 2013 Inclusive Excellence Collective, *Member*
University of Denver
- 2012 Director of Diversity Search Committee, *Member*
University of Denver
- 2012 – 2014 Advisory Board, *Member*
Center for Multicultural Excellence, University of Denver
- 2013 PsyD Program Director Search Committee, *Member*
Graduate School of Professional Psychology, University of Denver
- 2013 – 2014 Campus Climate Committee, *Member*
University of Denver
- 2015 – 2020 International Students Support Committee, **Chair**
Graduate School of Professional Psychology, University of Denver

- 2016 – 2018 Academic Diversity Council, *Member*
University of Denver
- 2017 Infant & Early Childhood Faculty Search Committee, *Member*
Graduate School of Professional Psychology, University of Denver
- 2017 – 2020 Title IX Outcomes Council, *Member*
University of Denver
- 2018 – 2020 Clinic Directors Committee, **Chair**
Graduate School of Professional Psychology, University of Denver
- 2018 – 2020 A Seat at the Table Advisory Committee, **Faculty Coordinator**
Graduate School of Professional Psychology, University of Denver
- 2020 – 2023 DEI Committee, *Member*
Clinical Psychology Internship Program, Department of Family Medicine, University of Colorado School of Medicine
- 2021 – present DEI Committee, *Member*
Department of Psychiatry, University of Colorado School of Medicine
- 2021 – present DEI Retention Subcommittee, *Co-Chair*
Department of Psychiatry, University of Colorado School of Medicine

Licensure

1995 - present Licensed Psychologist, State of Colorado

Certificates

2022 Certificate in Multicultural Mentoring

Peer Reviewed Presentations

- Apr. 1988 *The mental health of Asian Americans: An integrative analysis of acculturation and psychopathology*. Paper presented at the National Association for Asian Pacific American Education Conference, Denver, Colorado
- Oct. 1989 *The acculturation of culturally displaced persons: The case of Filipino-Americans*. Paper presented at the 11th Annual Conference for the Society of Descriptive Psychology, Boulder, Colorado
- Jul. 2000 *Couples Treatment in a HMO*. Co-presenter at the fourth annual SmartMarriages Conference, Denver, Colorado
- Sep. 2003 *Individual Case Formulation: Some Clinical Applications of Descriptive Psychology*. Panel presentation given at the 25th Annual Conference for the Society of Descriptive Psychology, Estes Park, Colorado

- Oct. 2004 *Applying Descriptive Psychology to Training Culturally Competent Psychotherapy.* Presentation given at the 26th Annual Conference for the Society of Descriptive Psychology, Estes Park, Colorado
- May 2008 *Becoming a Culturally Competent Mental Health Professional: Personal and Professional Journeys.* Presentation given at the University of Denver Diversity Summit, Denver, CO
- Jun. 2010 *Stewing in the Melting Pot: Turning Down the Heat on Diversity Dilemmas in Divorce.* Co-presenter at the 47th Annual Conference of the Association of Family and Conciliation Courts, Denver, Colorado
- Jan. 2013 *Providing Relational Safety for Faculty, Students and Staff with Disabilities.* Co-presenter at the National Council of Schools and Programs of Professional Psychology, 2013 Mid-Winter Conference, Nassau, Bahamas
- Jan. 2014 *An Integrated Developmental Approach to Education & Training in Multiculturalism, Diversity & Social Justice.* Co-presenter at the National Council of Schools and Programs of Professional Psychology, 2014 Mid-Winter Conference, New Orleans, Louisiana
- Aug. 2016 *Making the Invisible Risible – Sketch Comedy as a Basis for Difficult Dialogues.* Symposium co-presenter at the American Psychological Association National Convention, Denver, Colorado
- Jan. 2017 *Maximizing Your Multicultural Courses.* Co-presenter at the National Multicultural Conference & Summit, Portland, Oregon
- Jan. 2018 *Manifesting Diversity Through Teaching Multicultural Psychology Classes: Successes, Struggles, Support, and Strategies.* Symposium co-presenter at the National Council of Schools and Programs of Professional Psychology, 2018 Mid-Winter Conference, Las Vegas, Nevada

Invited Presentations to Professional Audiences

- Mar. 1985 *Intercultural Dating: A Multi-dimensional Study.* Paper presented at Clinical Research Day, Department of Psychology, University of Colorado at Boulder
- Sep. 1985 *Intercultural Dating: A Multi-dimensional Study.* Paper presented to the Minority Affairs Committee, Department of Psychology, University of Colorado at Boulder
- Oct. 1986 *Ethnic Identification: An Examination of Behavior Potential.* Paper presented at Clinical Research Day, Department of Psychology, University of Colorado at Boulder
- Nov. 1986 *Ethnic Identification: An Examination of Behavior Potential.* Paper presented to the Minority Affairs Committee, Department of Psychology, University of Colorado at Boulder
- Nov. 1987 *Psychotherapy with Asian Americans: An integrative analysis of acculturation, psychopathology, and treatment effectiveness.* Presentation given to the Asian Human Services Association, Denver, Colorado

- Apr. 1988 *Psychotherapy with Asian Americans: An integrative analysis of acculturation, psychopathology, and treatment effectiveness.* Minority Paper Award presentation at the Rocky Mountain Psychological Association Conference, Snowbird, Utah
- Apr. 1988 *Student Support Networks in Higher Education: The Multi-Ethnic Mental Health Student Network.* Panel presenter at the National Association for Asian & Pacific American Education Conference, Denver, Colorado
- Dec. 1990 *Family therapy with Filipino families.* Presentation given at the Family Program, Palo Alto Veterans Administration Medical Center, Palo Alto, California
- Feb. 1991 *Cancer and Asian-Pacific Americans.* Presentation given to the Bay Area Social Work Oncology Group – South Bay Region, San Jose, California
- Sep. 1998 *Beyond Melting Pot and Tossed Salad. **Presidential address*** given at the 20th Annual Conference for the Society of Descriptive Psychology, Estes Park, Colorado
- Mar. 1999 *Acculturation: Do Values Ever Really Change.* Presentation given to the Colorado Society for Psychologists in Private Practice, Denver, Colorado
- Apr. 1999
Nov. 1999 &
Jul. 2000 *Counseling Asian-Pacific American.* Guest lectures given to the Multicultural Psychology class at the Counseling Psychology and Counselor Education Division, School of Education, University of Colorado, Denver
- Jan. 2008 *Culturally Competent Health Care.* Presentation given to the professional staff at the Rocky Mountain Cancer Center, Denver, Colorado
- Nov. 2008 *Diversity Dilemmas: How Culture Affects Custody.* Presentation given at the Metro Denver Interdisciplinary Committee luncheon meeting, Denver, Colorado
- Apr. 2010 *Inclusive Excellence in the Workplace.* Panel presentation at the Daniels College of Business Inclusive Excellence Week at the University of Denver, Denver, Colorado
- Jul. 2014 *What Does it Mean to be Asian American, Native Hawaiian or Pacific Islander?* Presentation given at the National Leadership Summit, National Asian American Pacific Islander Mental Health Association, Boulder, Colorado
- Oct. 2017 *Clinical Case Presentations: An Introduction.* Co-moderated panel presentation given at the 39th Annual Conference for the Society of Descriptive Psychology, Golden, Colorado
- Oct. 2018 *Clinical Case Presentations.* Co-moderated panel presentation given at the 40th Annual Conference for the Society of Descriptive Psychology, Golden, Colorado
- Sep. 2019 *Demisexuality and Its Clinical Considerations.* Co-presentation given at the 41st Annual Conference for the Society of Descriptive Psychology, Golden, Colorado

- Mar. 2021 *AAPI-Targeted Racism*. Co-presenter at special session of the Department of Psychiatry, University of Colorado School of Medicine
- Nov. 2021 *Cultural Bias*. Panel presentation given to the University of Colorado Anschutz chapter of the Asian Pacific American Medical Student Association, Aurora, Colorado
- May 2022 *Asian Identities*. Panel presentation given for Asian American Pacific Islander Heritage Month, University of Colorado School of Medicine, Aurora, Colorado
- Jul. 2022 *Culturally Competent Psychotherapy*. Presentation given to first-year clinical psychology doctoral students professional seminar. University of Denver, Graduate School of Professional Psychology, Denver, Colorado
- Mar. 2023 *Fundamental Concepts in Psychotherapy*. Guest interviewee for Introduction to Psychotherapy Course for Psychiatry Interns. Department of Psychiatry. University of Colorado School of Medicine, Aurora Colorado
- Apr. 2023 *Leveraging the Denison Culture Survey: How to Build on What We Most Want to Preserve About Our Department Culture, and How to Address the Challenge of Work-Life Balance*. Presentation given to Grand Rounds. Department of Orthopedics, University of Colorado School of Medicine, Aurora, Colorado
- May 2023 *Transitioning to Faculty*. Panel presentation given at post-doctoral conference. Office of Education & Training, Department of Psychiatry, University of Colorado School of Medicine, Aurora, Colorado
- Sep. 2023 *Faculty & Staff Mental Health Clinic Overview: Managing Mental Health on the Anschutz Medical Campus*. Co-presenter at Grand Rounds, Department of Neurosurgery, University of Colorado School of Medicine, Aurora, Colorado
- Oct. 2023 *Multicultural Psychology: A Distinct Perspective*. Guest lecture given to Foundations of Counseling Theories course. Sports Psychology Program, Graduate School of Professional Psychology, University of Denver, Denver, Colorado
- Dec. 2023 *Wellness Coach & Consultant Overview*. Presentation given at Orthopedics Research Retreat, Department of Orthopedics, University of Colorado School of Medicine, Aurora, Colorado
- Dec. 2023 *Wellness Coach & Consultant Overview*. Presentation given at Residents Grand Rounds, Department of Orthopedics, University of Colorado School of Medicine, Aurora, Colorado

Invited Workshops to Professional Audiences

- Feb. 1991 *Conflict Resolution in a Diverse Workforce*. Cultural competence workshop given at Eastfield Ming Quong Children's Center, Campbell, California

- Mar. 1992 *BaFa BaFa – A Cultural Simulation*. Cultural competence workshop given at the Eastfield Ming Quong Children’s Center, Campbell, California
- Nov. 2007 *Culturally Competent Psychotherapy*. Workshop given at the Panhandle Training Institute, Destin, Florida
- May 2008 *Partners in Learning*. Facilitated fishbowl discussion on diversity issues at the LGBTIQ and Allies Celebration Gala, University of Denver, Denver, Colorado
- Apr. 2022 *Developing Your Cultural Competence as a Psychotherapist: A Descriptive Psychology Approach*. Midyear Workshop of the Society for Descriptive Psychology. Given via Zoom.
- Apr. 2023 *Teambuilding Experiential Exercise*. Orthopedics Pediatrics Advanced Practice Professionals Retreat, Department of Orthopedics, University of Colorado School of Medicine, Aurora, Colorado

Invited Consultations to Professional Groups

- Jun. 2007 *Culturally Competent Psychotherapy*. Presentation and consultation given to staff members of the Metropolitan State College Counseling Center, Denver, Colorado
- Dec. 2014 & Mar. 2015 *Culturally Competent Psychotherapy*. Presentation and clinical consultation given to professional clinical staff and students, Counseling and Psychological Services, University of Colorado at Boulder
- Jan. 2019 *Applying Descriptive Psychology to Culturally Competent Treatment*. Presentation and clinical consultation given to the PTSD Unit multidisciplinary treatment team, Denver Veterans Administration Medical Center
- Mar. 2023 *Research Accessibility Discussion*. Invited panel member to review how inclusive, equitable, and accessible a research program has been. Department of Physical Medicine & Rehabilitation, University of Colorado School of Medicine, Aurora, Colorado

Invited Presentation to Community Audience

- Nov. 2013 *Mental Disorders as a Real Disability: It’s Not All Just in Your Head*. Presentation given to the staff in the United States Department of Agriculture during Disability Employment Awareness Month, Denver, Colorado

Book Reviews

- Jun. 2009 Stevenson, A. (2009) *Cultural Issues in Psychology* (1st ed.). Routledge, <https://doi.org/10.4324/9780203866726>
- Mar. 2017 Schwartz, W. (2019) *Descriptive Psychology and the Person Concept*, Academic Press, <https://doi.org/10.1016/C2017-0-00372-5>

Teaching Record

- 1995 – 2005 *Couples Communication Skills Class*
Highline Behavioral Health Center, Kaiser Permanente, Denver, Colorado

- 1997 – 2005 *Anger Management Class*
Highline Behavioral Health Center, Kaiser Permanente, Denver, Colorado
- 2001 – 2004 *Multicultural Psychology Professional Seminar*
Graduate School of Professional Psychology, University of Denver
- 2002 – 2020 *Culturally Competent Psychotherapy, CPSY 5380*
Graduate School of Professional Psychology, University of Denver
- 2004 & 2007 *Descriptive Psychology & Psychotherapy*
Graduate School of Professional Psychology, University of Denver
- 2005 – 2019 *Racial & Ethnic Identity Development, CPSY 5360*
Graduate School of Professional Psychology, University of Denver
- 2005 – 2020 *Beginning Psychotherapy Professional Seminar, CPSY 5385-2*
Graduate School of Professional Psychology, University of Denver
- 2007 – 2008 *Diversity Seminar Series. Pre-doctoral Psychology Internship Program, Department of Family Medicine, University of Colorado School of Medicine, Aurora, Colorado*
- 2010 – present
- 2008 - 2020 *Psychology Internship Consortium Multicultural Seminar*
Graduate School of Professional Psychology, University of Denver

Bibliography

1. **Lubuguin, F.S.A.** (1998). The acculturation of culturally displaced persons: The case of Pilipino-Americans. In Jeffrey, H.J. & Bergner, R.M. (Eds.), *Advances in Descriptive Psychology*, (Vol. 7, pp. 167-233). Ann Arbor, MI: The Descriptive Psychology Press.
2. **Lubuguin, F.** (2010). Teaching culturally competent psychotherapy: A year-long four-course approach. *Psychotherapy Bulletin*, 45(2), 46-51.
3. **Lubuguin, F.** (2010). Teaching culturally competent psychotherapy: A descriptive psychology approach. In Davis, K.E., Lubuguin, F., & Schwartz, W. (Eds.) *Advances in Descriptive Psychology*. (Vol. 9, pp. 41-85). Ann Arbor, MI: The Descriptive Psychology Press.
4. Guzman, F., Trevino, J., **Lubuguin, F.**, & Aryan, B. (2010). Microaggressions in the pipeline for scholar of color. In Sue, D.W. (Ed.) *Microaggressions and marginality: Manifestations, dynamics, and impact* (pp. 145-167). Hoboken, NJ: John Wiley & Sons, Inc.
5. Davis, K.E., **Lubuguin, F.**, & Schwartz, W. (Eds.) (2010). *Advances in Descriptive Psychology*, (Vol. 9). Ann Arbor: MI: The Descriptive Psychology Press.
6. Davis, K.E., **Lubuguin, F.**, & Schwartz, W. (Eds.) (2013). *Advances in Descriptive Psychology*, (Vol. 10). Ann Arbor, MI: The Descriptive Psychology Press.